

Scrambled Eggs

You will need:



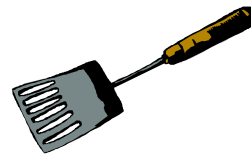
egg



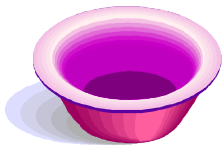
spoon



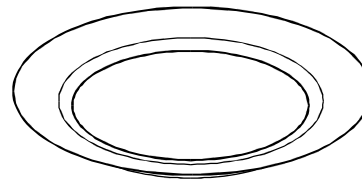
water



spatula



bowl



plate



1/2 teaspoon



fork



skillet with
cover
(preheat for
students)



oil (optional)

Scrambled Eggs



With an adult, check to see that the skillet is warm.

Crack 1 egg into a bowl.

Add 2 half teaspoons water.

Stir.

Pour the egg into the skillet.

Cook using a plastic spatula.

Eat!