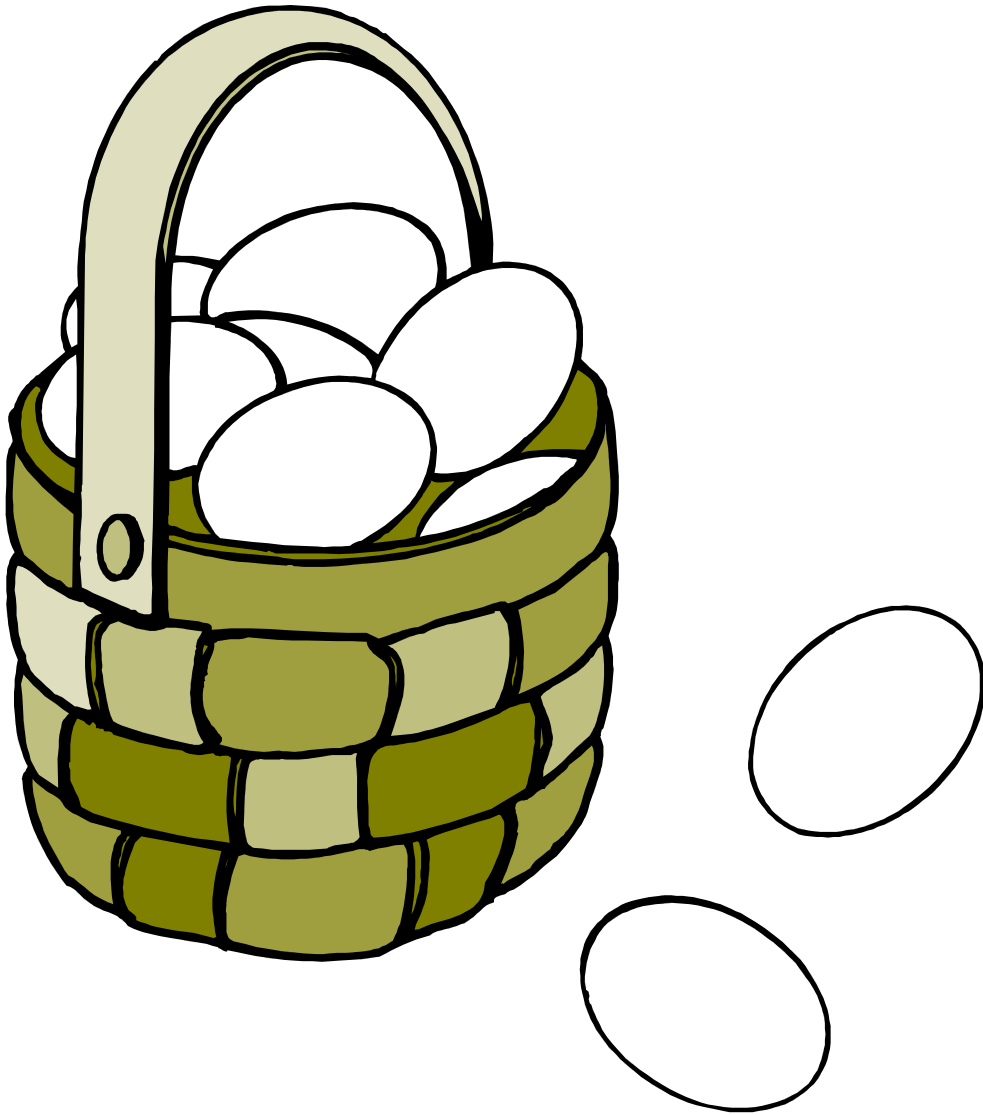
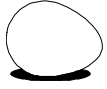


Scrambled Eggs



Scrambled Eggs

You will need:



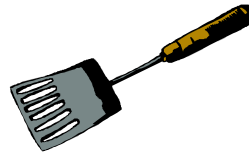
egg



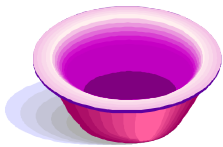
spoon



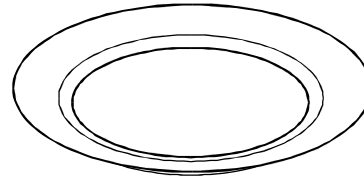
water



spatula



bowl



plate



1/2 teaspoon



fork



skillet with
cover
(preheat for
students)



oil (optional)



With an adult, make
sure the skillet is warm.



In a bowl,
crack one egg.



Add two small
spoons of water.



Stir.



Pour the egg into
the skillet.



Cook.



Eat!