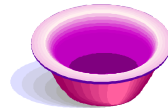


Muffins

You will need:



muffin mix



bowl



spoon



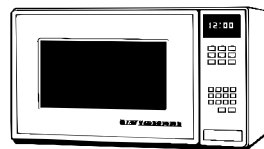
water



paper cup



oil



microwave



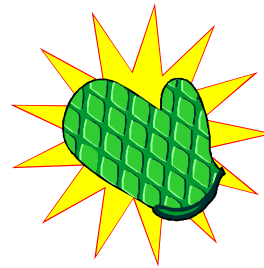
Tablespoon



½ Tablespoon



teaspoon



oven mitt or glove



Muffin



Put into a bowl:

4 Tablespoons muffin mix
3 half-Tablespoons water
1 teaspoon oil

Stir.

Pour into a paper cup.

Put into the microwave.
Cook for 45 seconds.

Use oven mitts or gloves to take
the muffin out of the
microwave. It will be hot.