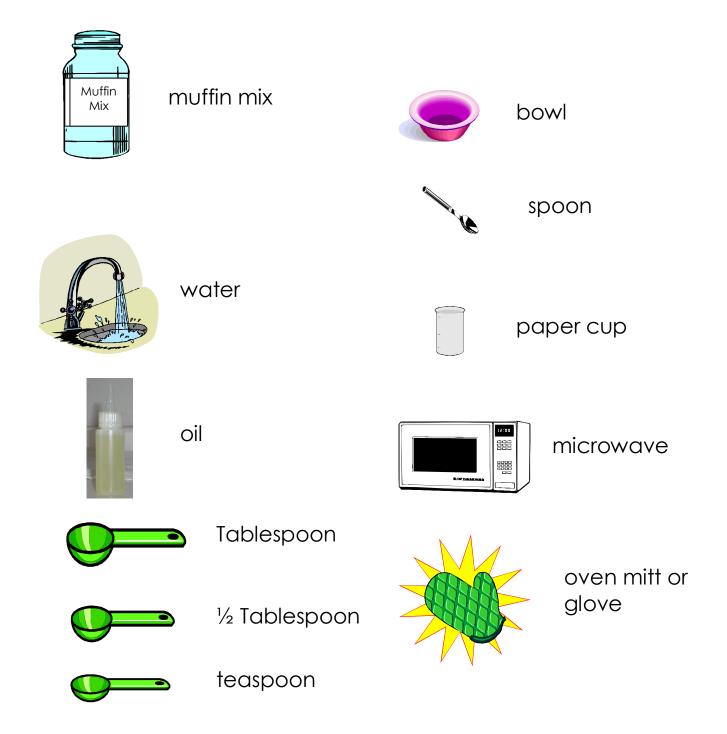
Muffin

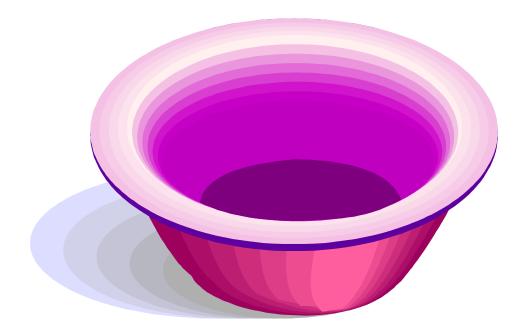




Muffins You will need:



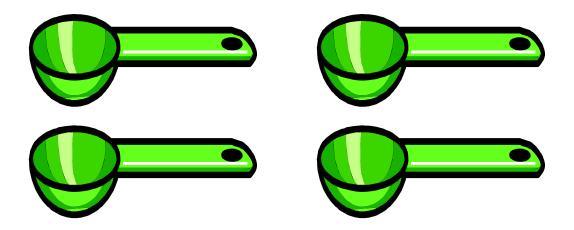




Put into your bowl:



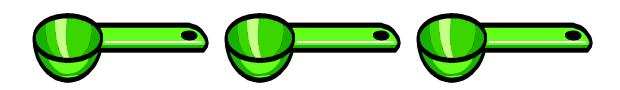




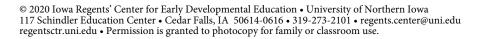
4 big spoons muffin mix







3 medium spoons water









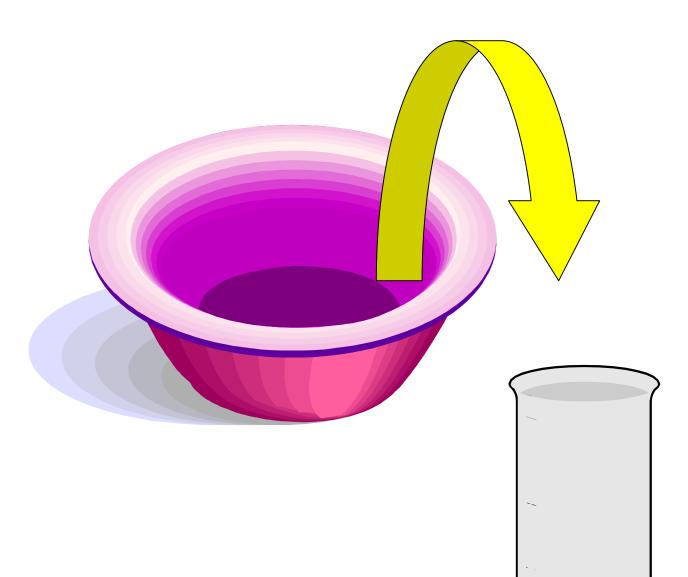
1 small spoon oil





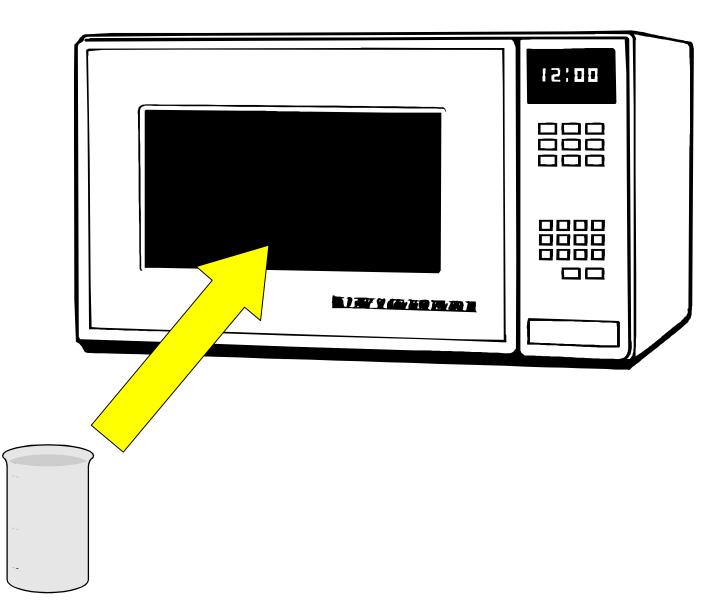
Stir.





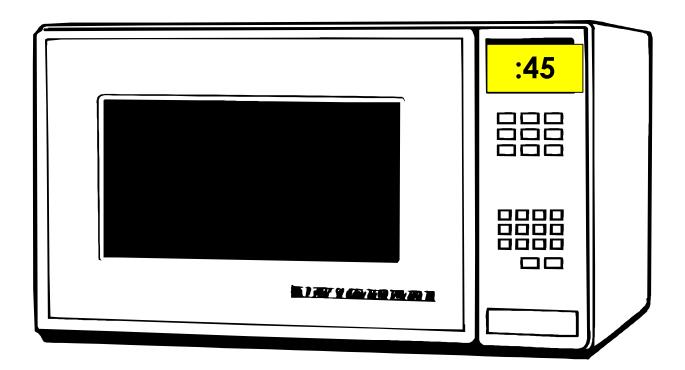
Pour into the paper cup.





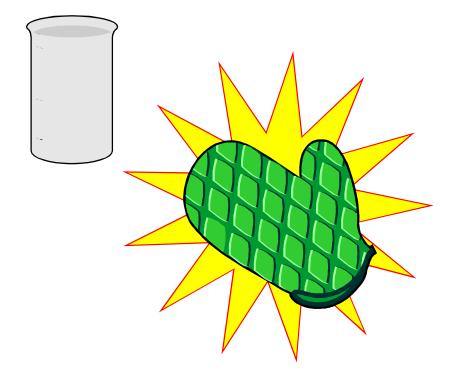
Put the cup in the microwave.





Cook for 45 seconds.





Use an oven mitt or glove to take the muffin out of the microwave.





Let your muffin cool, then eat!

