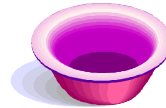


Muffins

You will need:



muffin mix



bowl



spoon



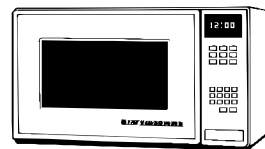
water



paper cup



oil



microwave



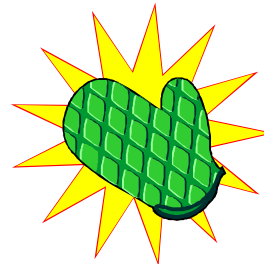
Tablespoon



1/2 Tablespoon



teaspoon



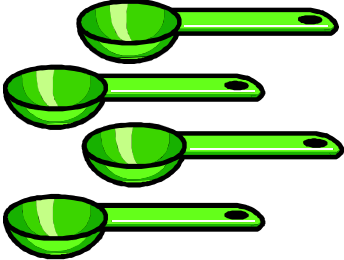

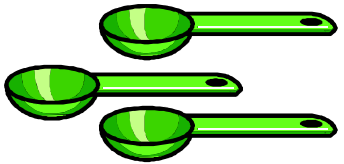



oven mitt or glove


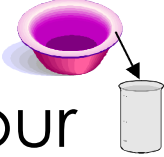


Muffin



Put into your  bowl

4		Big spoons of muffin mix 
3		Medium spoons of water 
1		Small spoon of oil 

Stir  and pour  into a paper cup.

Put into  microwave.

Cook for 45 seconds.

Use a glove to take muffin out of microwave. It will be hot.

