Scrambled Eggs
You will need:

- egg
- water
- bowl
- ½ teaspoon
- skillet with cover (preheat for students)
- spoon
- spatula
- plate
- fork
- oil (optional)
Scrambled Eggs

With an adult, check to see that the skillet is warm.

Crack 1 egg into a bowl.

Add 2 half teaspoons water.

Stir.

Pour the egg into the skillet.

Cook using a plastic spatula.

Eat!