Scrambled Eggs
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You will need:

- egg
- water
- bowl
- ½ teaspoon
- skillet with cover (preheat for students)
- spoon
- spatula
- plate
- fork
- oil (optional)
With an adult, make sure the skillet is warm.
In a bowl, crack one egg.
Add two small spoons of water.
Stir.
Pour the egg into the skillet.
Cook.
Eat!