Fruit Shake
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What you need:

- strawberries
- bananas
- oranges
- pineapple juice
- sugar
- ice cubes
- blender
- cups
- ¼ cup (for measuring liquid)
- teaspoon
- plastic knife (for cutting banana)
Wash your hands
Put in blender:

1 strawberry
1 slice banana
1 orange section
1 cup pineapple juice
1 spoon sugar
2 ice cubes
Blend.
Pour into a cup and drink.